



HANNAH'S
HEART
PRAYER BOOK
FOR MOMS-TO-BE

mildred kingsley-okonkwo

Introduction

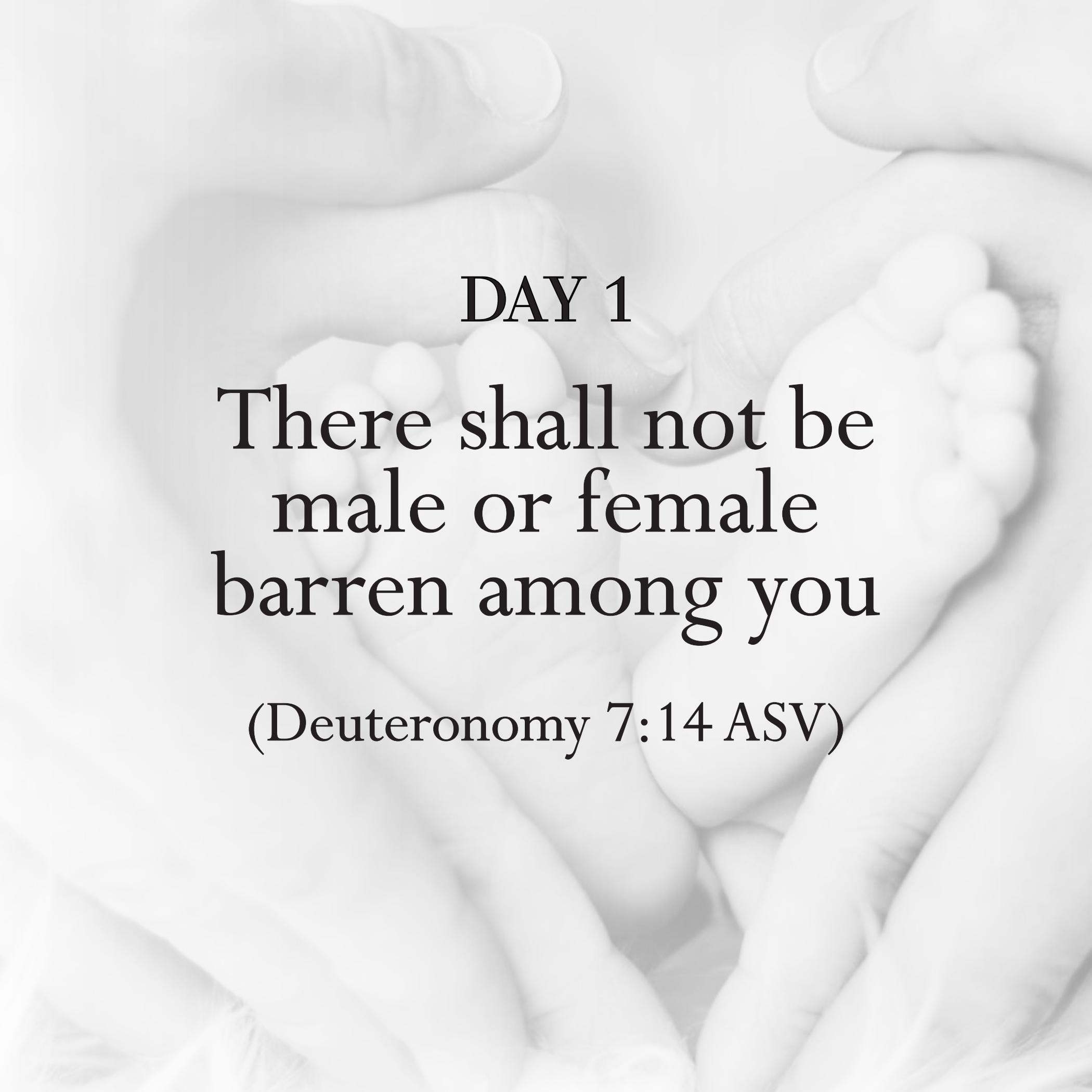
Dear Mom-to-be,

One of the things I learned on my journey to motherhood is that infertility can be hard. It can be a very lonely journey. However, one of the things that helped me along my journey was prayer and I've put together a few of the prayer scriptures that helped me. I encourage you to use them as prayer suggestions, especially when you don't know what to pray on those days that it's really hard.

One thing I know is God answers prayers. So as you pray through this book, I know you are one day closer to holding your miracle babies in your hands. I look forward to hearing your testimony soon. Remember, hold on because God can be trusted.

Love

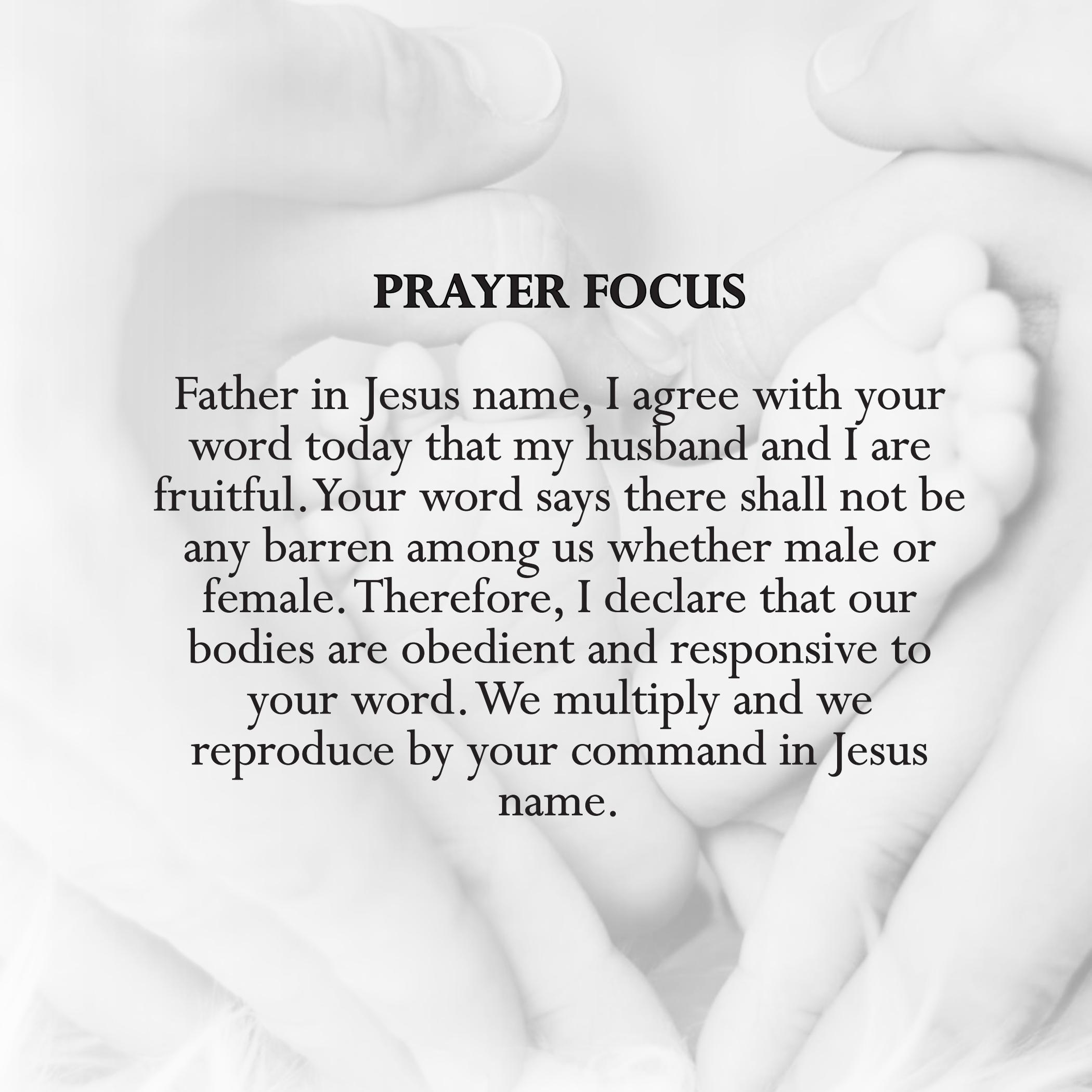
Pastor Mildred



DAY 1

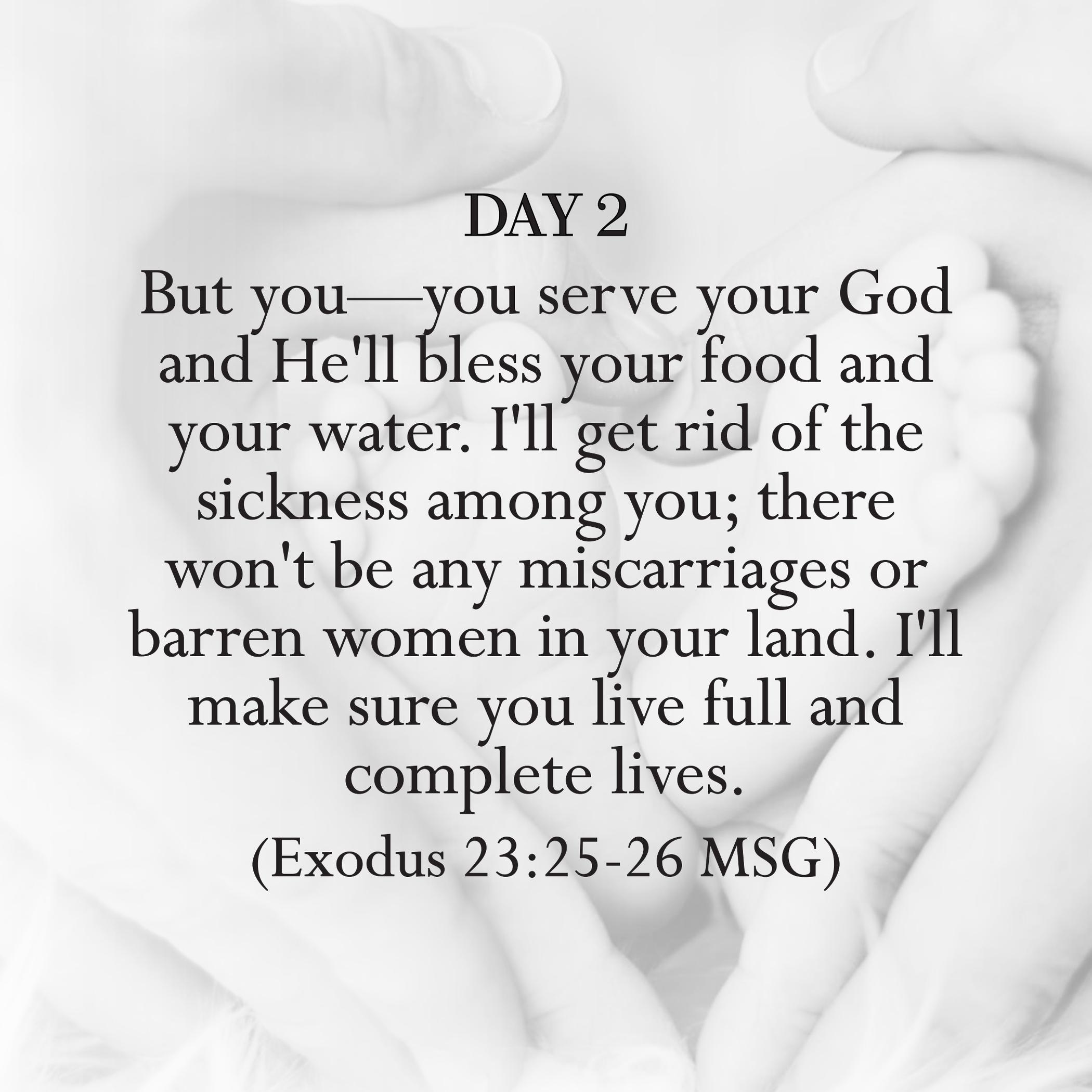
There shall not be
male or female
barren among you

(Deuteronomy 7:14 ASV)



PRAYER FOCUS

Father in Jesus name, I agree with your word today that my husband and I are fruitful. Your word says there shall not be any barren among us whether male or female. Therefore, I declare that our bodies are obedient and responsive to your word. We multiply and we reproduce by your command in Jesus name.



DAY 2

But you—you serve your God and He'll bless your food and your water. I'll get rid of the sickness among you; there won't be any miscarriages or barren women in your land. I'll make sure you live full and complete lives.

(Exodus 23:25-26 MSG)

PRAYER FOCUS

Father, I re-affirm your word over my life today. I declare that everything we take into our bodies is blessed. All sicknesses, especially infertility causing ones, like PCOS, fibroids, polyps, endometriosis and others are removed. I agree that because your word says none shall be barren: my husband and I are fruitful. I declare I will never have a miscarriage. I will carry to full term. My husband, I and our children will live long and full lives in Jesus name.

DAY 3

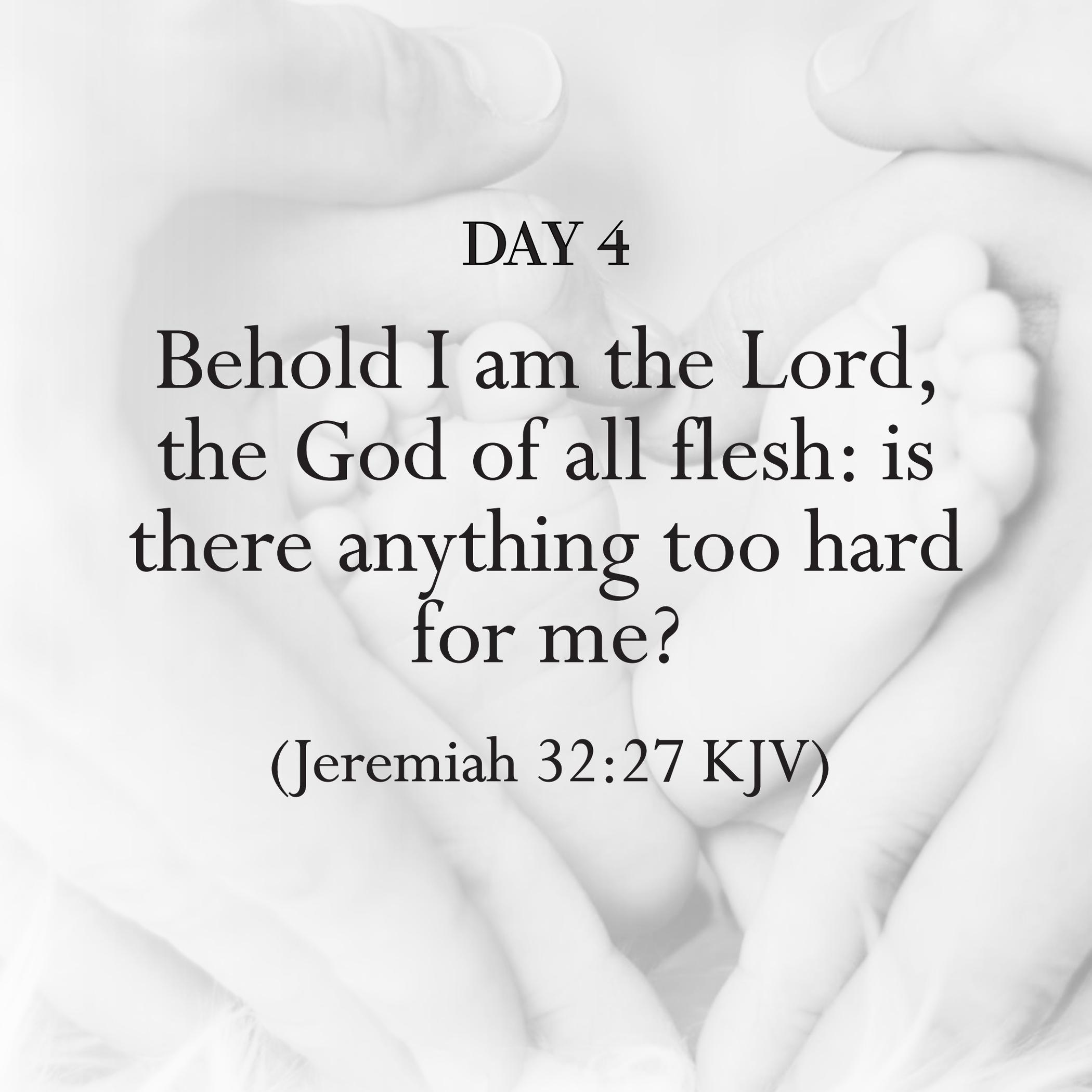
God is no mere human! He doesn't tell lies or change His mind. God always keeps His promises. My command from God was to bless these people and there's nothing I can do to change what He has done.

(Numbers 23: 19-20 CEV)

PRAYER FOCUS

Dear Lord, I stand confident in the fact that you are not a man. It is impossible for you to lie. As soon as you say a thing, it becomes the truth. Truth is your nature. So, I thank you because you keep your promises which gives me the confidence that you'll keep your promise of fruitfulness to us.

My husband and I are blessed and empowered to be fruitful. We declare that no one can alter the blessings - no divination, no evil dreams, no wicked or unreasonable person in our lives. We are blessed and there is nothing anyone can do to change that. Hallelujah!

A grayscale photograph of two hands, one larger and one smaller, gently cupping a small, round object. The hands are positioned as if offering or protecting the object. The background is a soft, out-of-focus light gray.

DAY 4

Behold I am the Lord,
the God of all flesh: is
there anything too hard
for me?

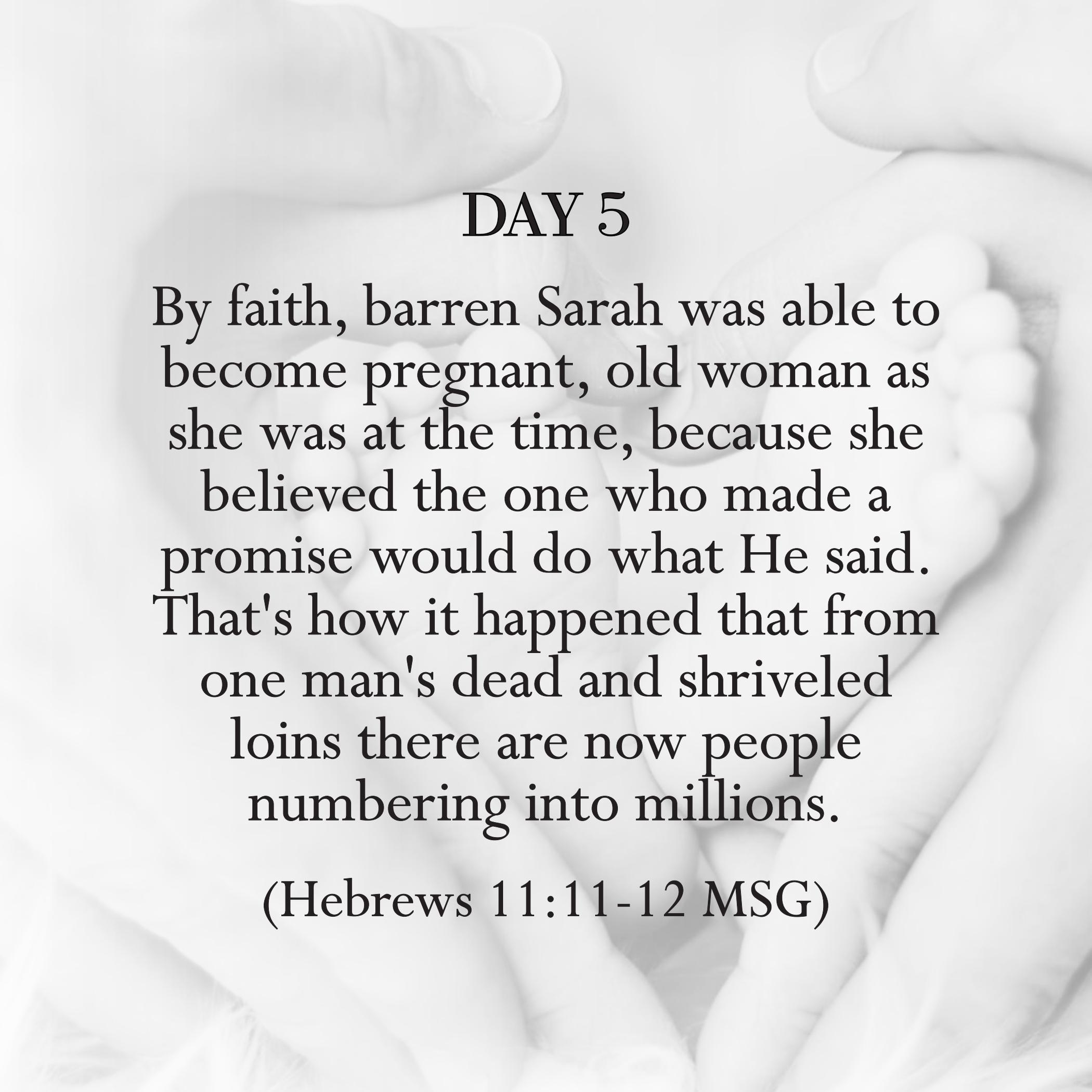
(Jeremiah 32:27 KJV)

PRAYER FOCUS

My Lord and my God, because there is nothing too hard for you to do, I lift up my case to you. Today, I report whatever the doctor's report says back to you my omniscient God.

(List all the doctors have told you)

I know that you will sort these all out — correct all that needs correcting, cancel all that needs cancelling and heal all that needs healing in my body and my husband's body. I declare that the angel armies go to war for us in Jesus name.



DAY 5

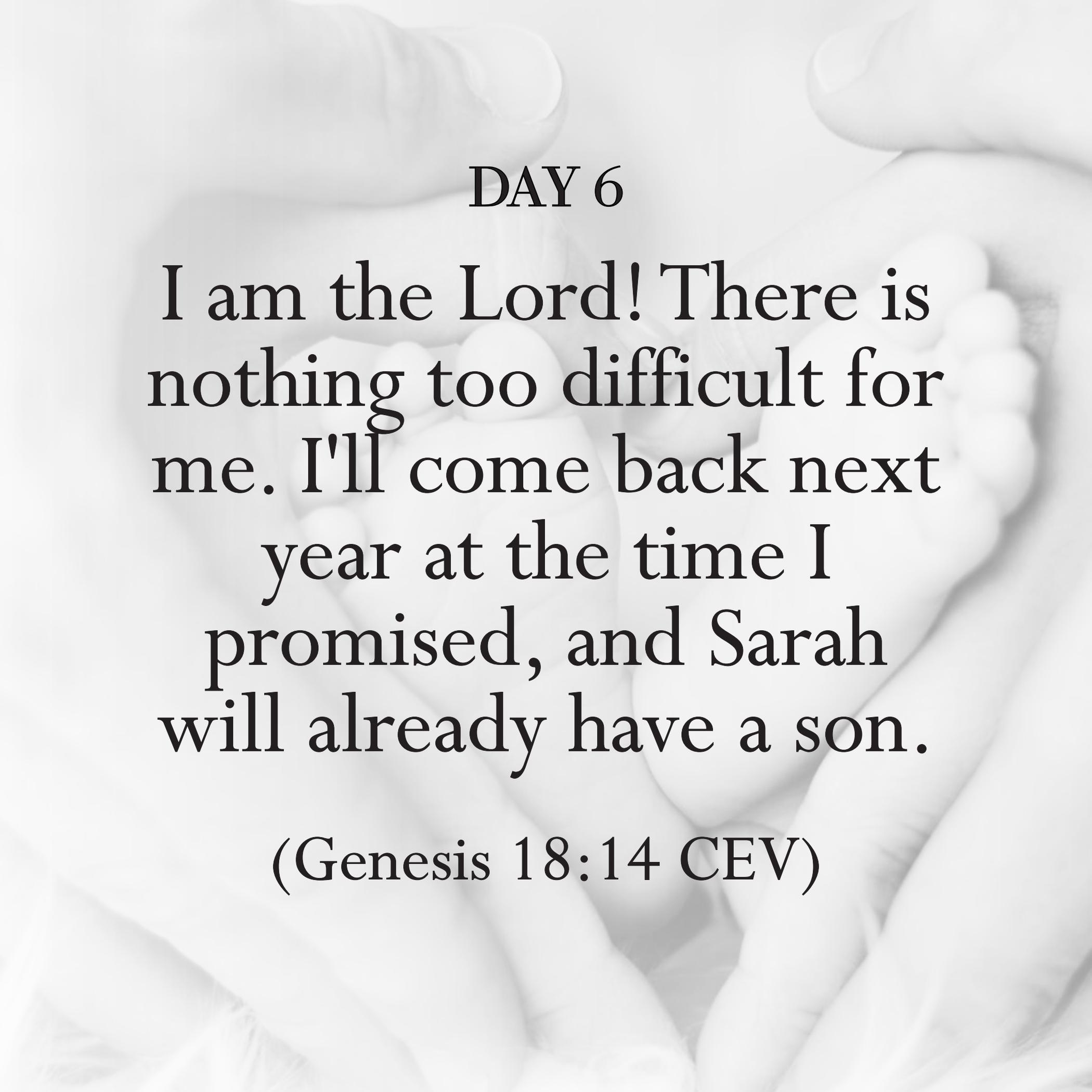
By faith, barren Sarah was able to become pregnant, old woman as she was at the time, because she believed the one who made a promise would do what He said. That's how it happened that from one man's dead and shriveled loins there are now people numbering into millions.

(Hebrews 11:11-12 MSG)

PRAYER FOCUS

Father in Jesus name, I declare with every breath in me that you are a faithful God! As I meditate on Abraham and Sarah's testimony, I declare that no matter how long it takes, I judge you faithful and that what you did for them you will do for my husband and I too.

I declare in Jesus name that our organs are healthy and strong enough to conceive. Our bodies are quickened and made alive to conceive, to carry to full term and to deliver children irrespective of their 'dead' state in Jesus name.

A pair of hands, one larger and one smaller, are shown holding a heart. The hands are positioned as if they are gently cradling the heart. The background is a soft, out-of-focus light color.

DAY 6

I am the Lord! There is nothing too difficult for me. I'll come back next year at the time I promised, and Sarah will already have a son.

(Genesis 18:14 CEV)



PRAYER FOCUS

Dear Lord, I receive this word as my word. It resonates with my spirit so I believe it and I receive it. I declare that by this time next year my story would have changed. I declare in faith that my appointed time is NOW. My day of visitation is here. So by this time next year, we will have our babies in Jesus name.

A pair of hands, one larger and one smaller, are shown holding a bunch of olives. The hands are positioned at the top and sides of the frame, with the olives in the center. The background is a soft, out-of-focus light color.

DAY 7

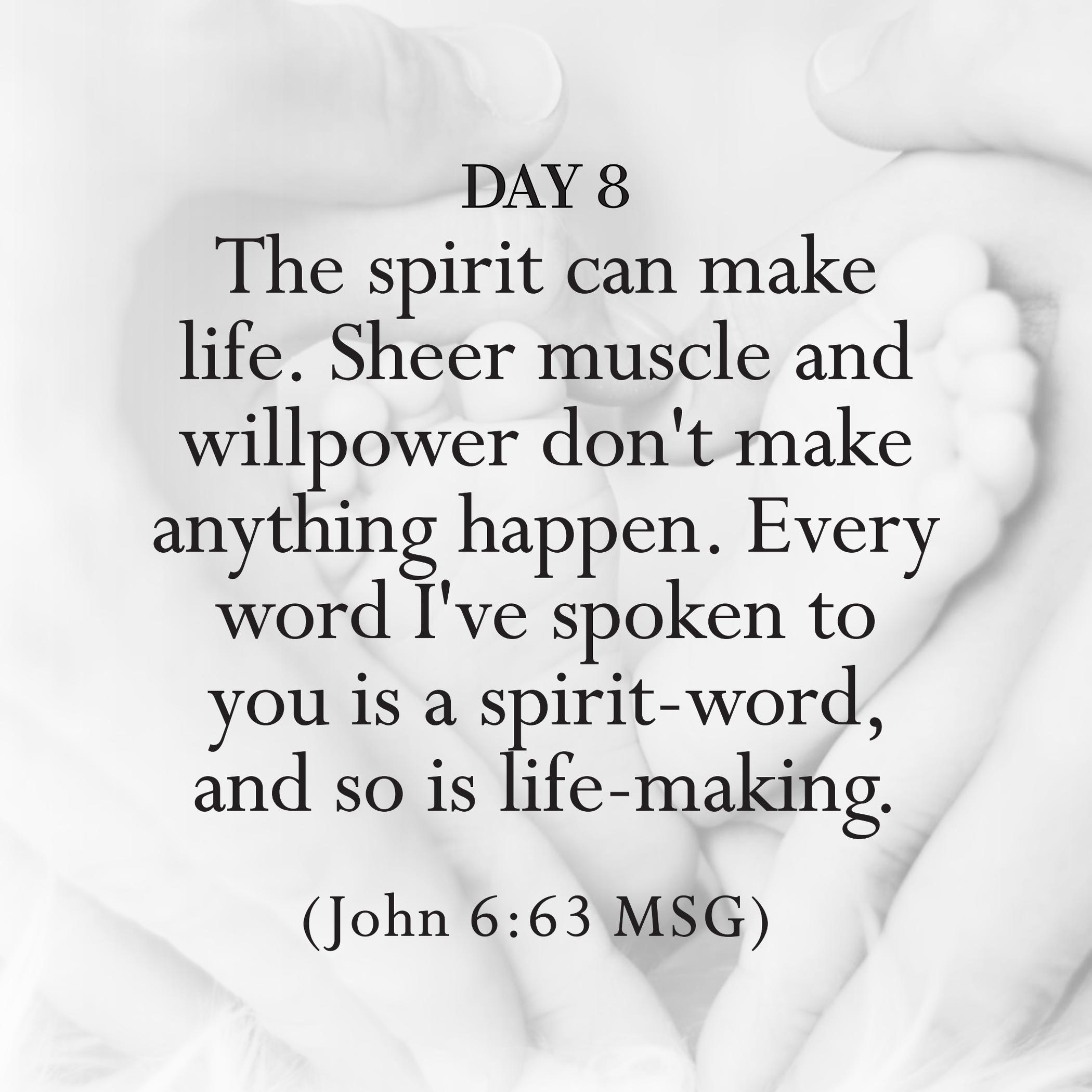
Your wife will be as
fruitful as a grapevine,
and just as an olive
tree is rich with
olives, your home will
be rich with healthy
children.

(Psalm 128:3 CEV)

PRAYER FOCUS

Father, I thank you for your word. In fact, today is worth celebrating. I affirm today as I pray that I am a fruitful vine - I bear many children even in multiples.

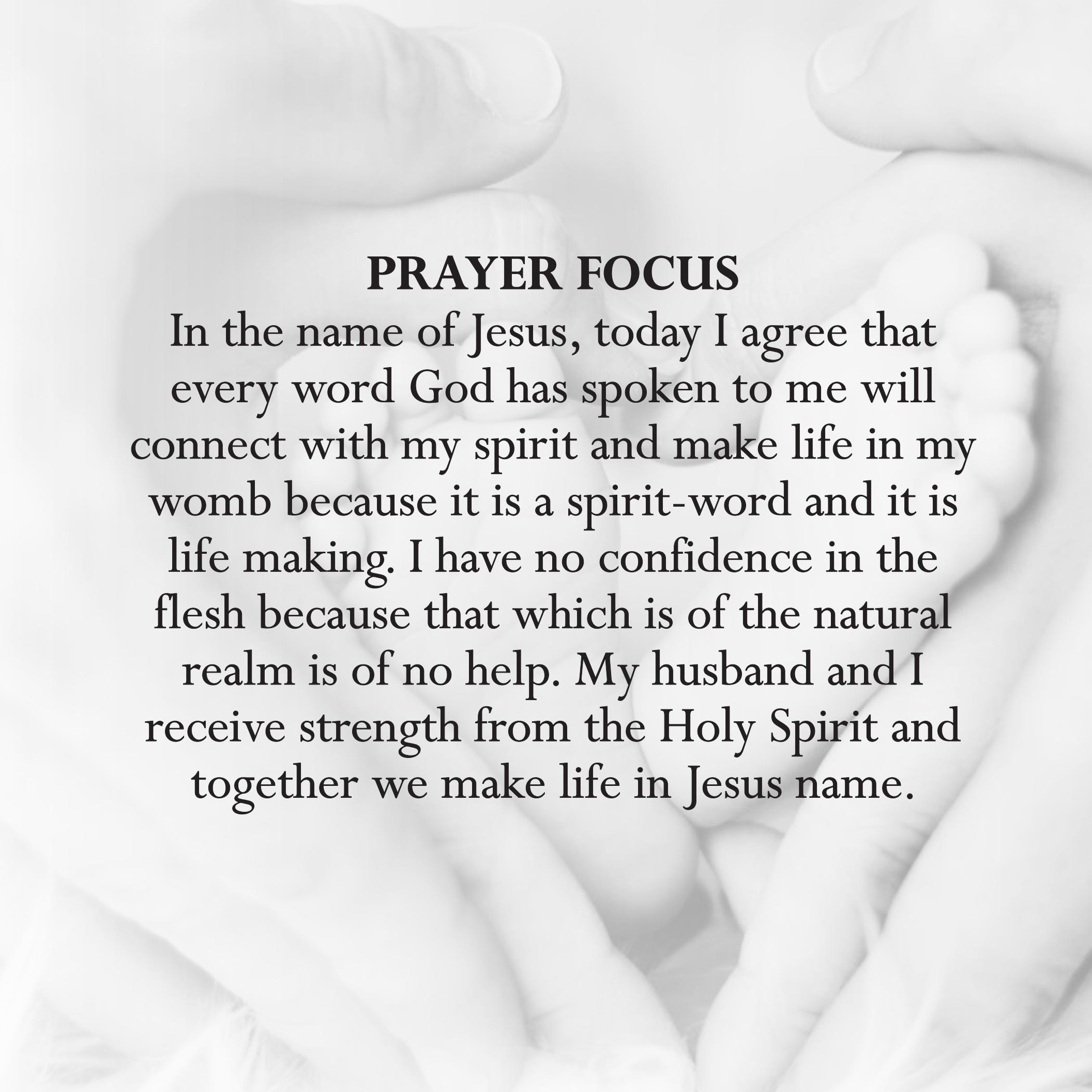
I declare that our home will be rich with healthy children and our children will surround our table. My husband and I will have as many as we want because one child does not surround a table. We also put an end to secondary infertility in Jesus name.



DAY 8

The spirit can make life. Sheer muscle and willpower don't make anything happen. Every word I've spoken to you is a spirit-word, and so is life-making.

(John 6:63 MSG)



PRAYER FOCUS

In the name of Jesus, today I agree that every word God has spoken to me will connect with my spirit and make life in my womb because it is a spirit-word and it is life making. I have no confidence in the flesh because that which is of the natural realm is of no help. My husband and I receive strength from the Holy Spirit and together we make life in Jesus name.

DAY 9

Abraham didn't focus on his own impotence and say, "It's hopeless. This hundred-year-old body could never father a child." Nor did he survey Sarah's decades of infertility and give up. He didn't tiptoe around God's promise asking cautiously skeptical questions. He plunged into the promise and came up strong, ready for God, sure that God would make good on what he had said.

(Romans 4: 19-21 TPT)

PRAYER FOCUS

Irrespective of the longevity of the infertility battle we have had to face, I refuse to doubt you my God; I refuse to tiptoe around your promises or ask cautiously skeptical questions. Instead, we plunge into your promises and receive the strength required to build faith to become parents in Jesus name.

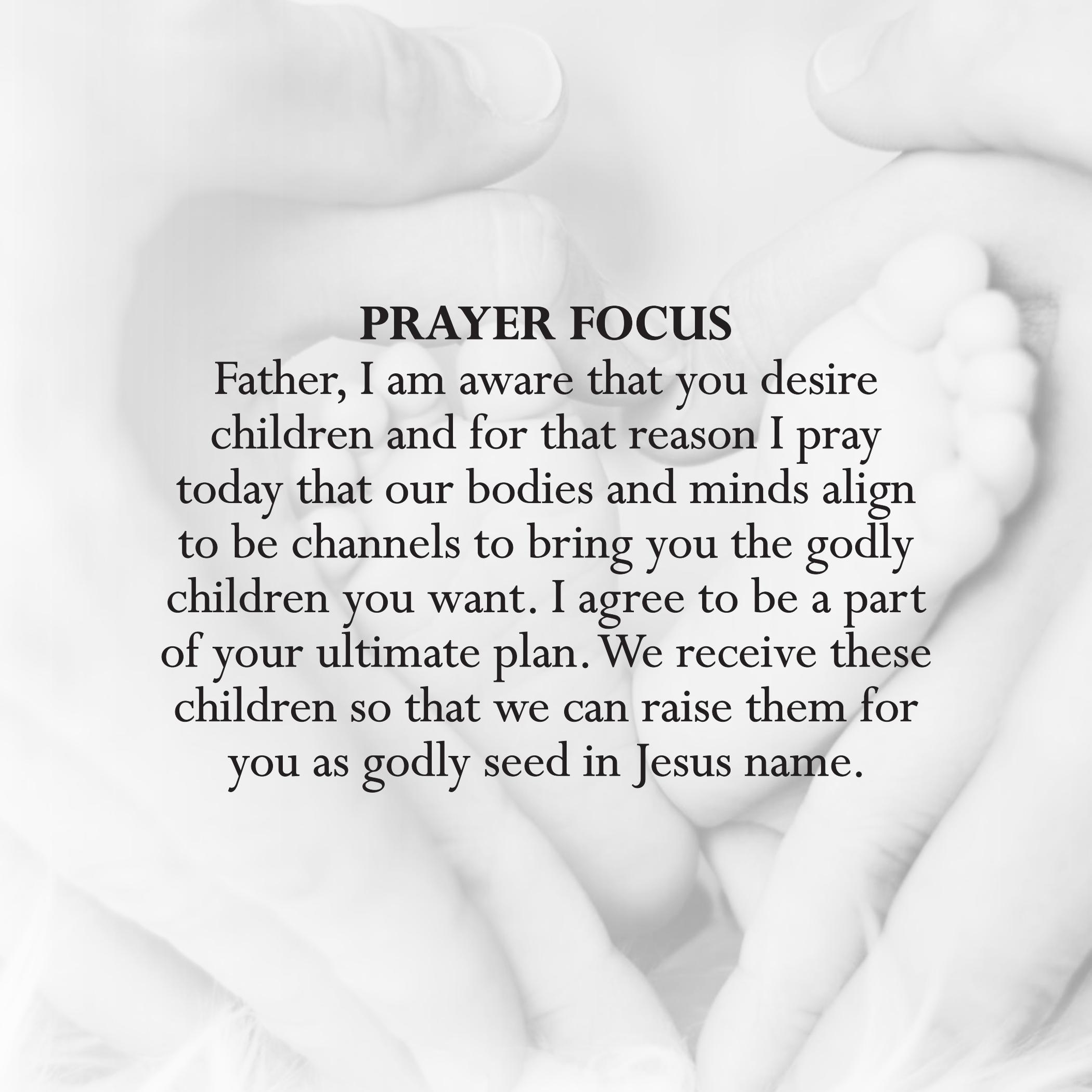
I declare that my husband and I are ready for God. We are sure - very confident - that God has all that is needed to make good on His promise. And instead of complaining or worrying, we give Him glory and refuse to glorify the situation in Jesus name.



DAY 10

Didn't God create you to become like one person with your wife? And why did he do this? It was so you would have children, and then lead them to become God's people. Don't ever be unfaithful to your wife.

(Malachi 2:15 CEV)



PRAYER FOCUS

Father, I am aware that you desire children and for that reason I pray today that our bodies and minds align to be channels to bring you the godly children you want. I agree to be a part of your ultimate plan. We receive these children so that we can raise them for you as godly seed in Jesus name.

A black and white photograph of a pair of hands gently holding a baby's feet. The hands are positioned at the top and sides of the frame, with the fingers curled around the baby's feet. The baby's feet are the central focus, with the toes pointing towards the viewer. The background is a soft, out-of-focus light color.

DAY 11

Sing, barren woman, who
has never had a baby.
Fill the air with song, you
who've never experienced
childbirth! You're ending up
with far more children than
all those childbearing
women." God says so!

(Isaiah 54:1 MSG)



PRAYER FOCUS

Father in Jesus name, I thank you that today is a day of rejoicing because my husband and I are ending up with far more children than those considered fertile.

I rejoice in faith because “God says so” and your word, Lord, is final.
(Go ahead and spend the rest of the prayer time singing praises to God).



DAY 12

You keep every promise
you've ever made to me!
Since your love for me is
constant and endless,
I ask you, Lord, to finish
every good thing that
you've begun in me!

(Psalm 138:8 TPT)

PRAYER FOCUS

Dear Lord, today I give you thanks because you are the God who always finishes what He starts. You always keep your promises. Complete what you started in my life by joining me to my husband in marriage; perfect all that concerns me.

I'm grateful that you will never quit on me. I ask that our bodies and minds be positioned to receive all your promises of fruitfulness in Jesus name.



DAY 13

God's grace provides for the barren ones a joyful home with children so that even childless couples find a family. He makes them happy parents surrounded by their pride and joy. That's the God we praise, so give it all to Him!

(Psalm 113:9 TPT)



PRAYER FOCUS

Today, I pray that my home is constantly joyful with children. We are happy parents surrounded by our pride and joy in Jesus name. Hallelujah!

I declare that nothing will be able to steal our joy. We maintain our joy and peace. Our marital bliss remains intact as we wait for our home to be filled with children in Jesus name.

DAY 14

I can do all things [which He has called me to do] through Him who strengthens and empowers me [to fulfill His purpose—I am self-sufficient in Christ's sufficiency; I am ready for anything and equal to anything through Him who infuses me with inner strength and confident peace.]

(Philippians 4: 13 AMP)

PRAYER FOCUS

Today, I declare that my husband and I are unlimited. This means that we can do all things including conceive, carry to full term and deliver healthy babies in Jesus name.

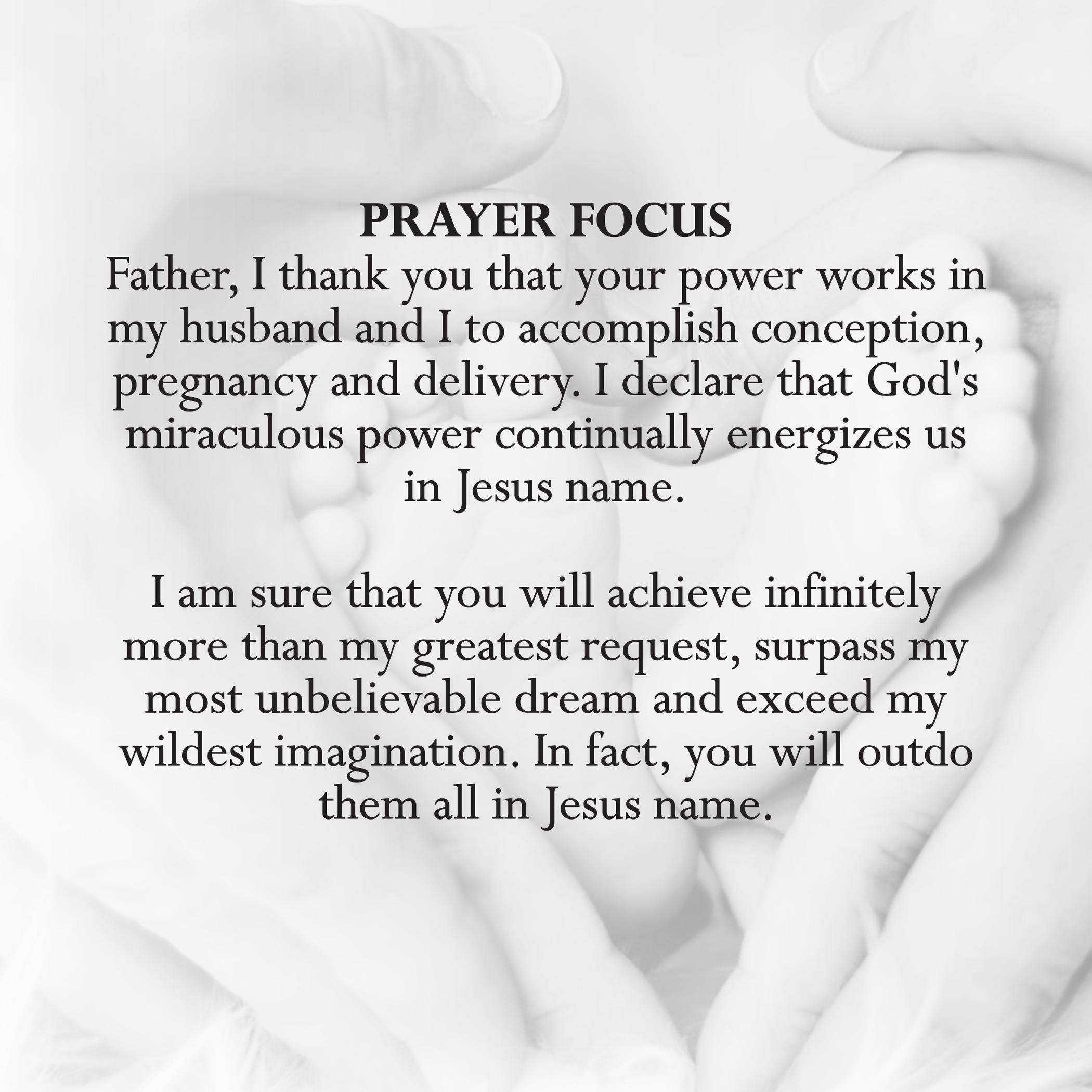
I decree that infertility cannot hold us down. We are empowered and strengthened in Jesus name. We are infused with inner strength and confident peace. We do not fret or worry because we agree with God's word.

I declare that we are fruitful in Jesus name.

DAY 15

Never doubt God's mighty power to work in you and accomplish all this. He will achieve infinitely more than your greatest request, your most unbelievable dream, and exceed your wildest imagination! He will outdo them all, for his miraculous power constantly energizes you.

(Ephesians 3:20 TPT)



PRAYER FOCUS

Father, I thank you that your power works in my husband and I to accomplish conception, pregnancy and delivery. I declare that God's miraculous power continually energizes us in Jesus name.

I am sure that you will achieve infinitely more than my greatest request, surpass my most unbelievable dream and exceed my wildest imagination. In fact, you will outdo them all in Jesus name.

DAY 16

All around us we observe a pregnant creation. The difficult times of pain throughout the world are simply birth pangs. But it's not only around us; it's within us. The Spirit of God is arousing us within. We're also feeling the birth pangs. These sterile and barren bodies of ours are yearning for full deliverance. That is why waiting does not diminish us, any more than waiting diminishes a pregnant mother.

We are enlarged in the waiting. We, of course, don't see what is enlarging us. But the longer we wait, the larger we become, and the more joyful our expectancy.

(Romans 8: 22-25 MSG)

PRAYER FOCUS

Father, I thank you for being such a faithful God. Today, I declare that our 'sterile' and 'infertile' bodies are yearning for fruitfulness. Therefore, we receive deliverance because they that hunger and thirst must be filled.

I declare that no matter how long my husband and I wait, it doesn't diminish us. Instead, we are enlarged the same way pregnant mothers are and we are filled with joyful expectation because we are confident that our prayers will be answered in Jesus name.

DAY 17

Meanwhile, the moment we get tired in the waiting, God's Spirit is right alongside helping us along. If we don't know how or what to pray, it doesn't matter. He does our praying in and for us, making prayer out of our wordless sighs, our aching groans. He knows us far better than we know ourselves, knows our pregnant condition, and keeps us present before God. That's why we can be so sure that every detail in our lives of love for God is worked into something good.

(Romans 8: 26-28 MSG)

PRAYER FOCUS

My Father and my God, today I give thanks because I am grateful for the gift of the Holy Spirit. I am grateful that whenever we get tired in this waiting period, the Spirit is right alongside helping us along. And if at any point we don't know how or what to pray, He steps in immediately and does our praying in and for us, making prayer out of our wordless sighs, our aching groans and our silent tears.

I am grateful that the Holy Spirit knows us far better than we know ourselves. He knows my pregnant condition which means that I am pregnant! Hallelujah! He keeps us present before God as He constantly intercedes for us. That's why I'm so sure that in the end, our mouths will be filled with praise and our hearts with rejoicing. I'm sure this will end in praise.

DAY 18

So, what do you think? With God on our side like this, how can we lose? If God didn't hesitate to put everything on the line for us, embracing our condition and exposing himself to the worst by sending his own Son, is there anything else he wouldn't gladly and freely do for us?

(Romans 8: 31-32 MSG)

PRAYER FOCUS

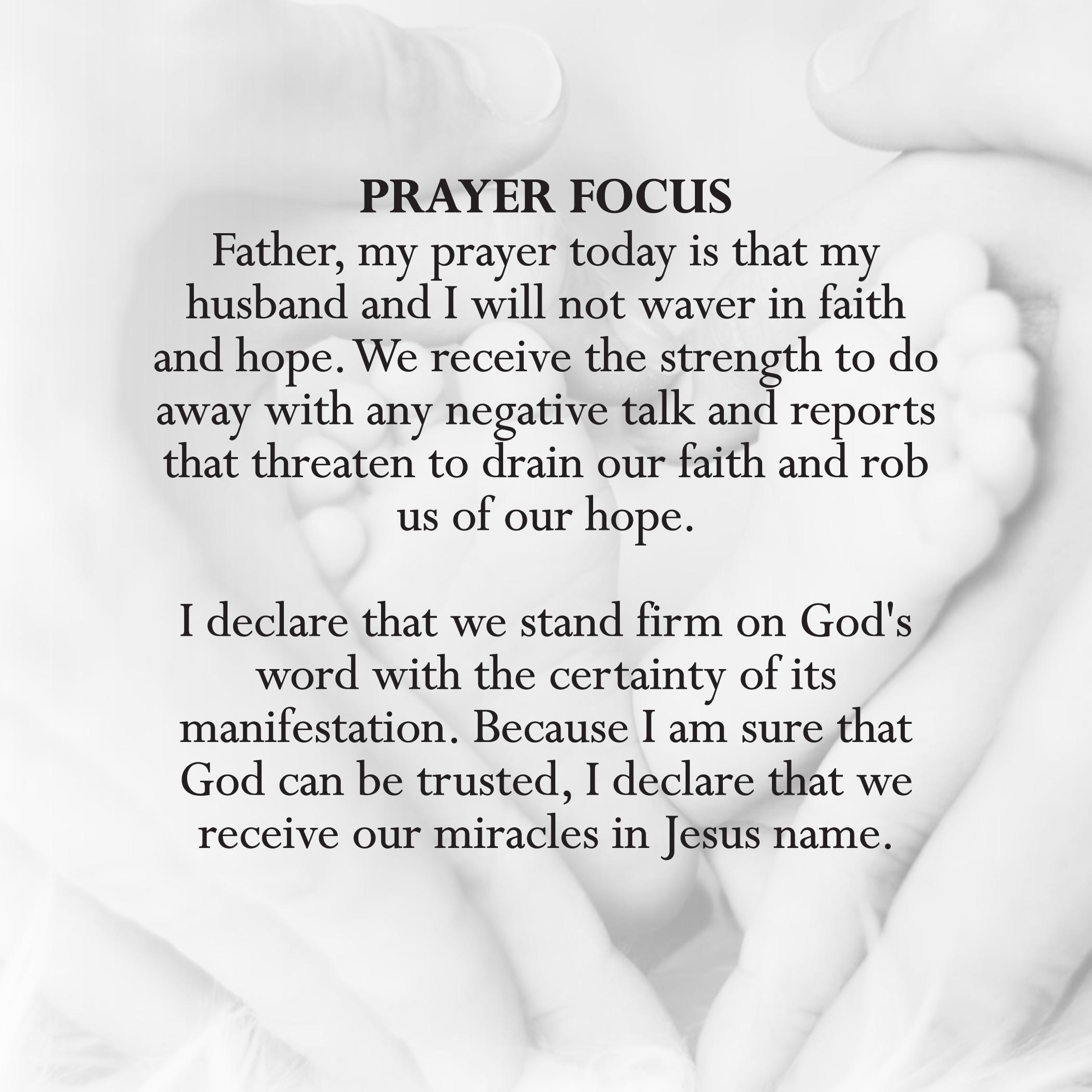
Father, today I rejoice because your word tells me that God is on our side and we can't lose. I rejoice because you said you would gladly and freely give us anything we ask. If you didn't withhold your Son, I am convinced that you will gladly and freely give me all things. I rejoice because my testimony is on the way.
Hallelujah!



DAY 19

Let us hold tightly
without wavering to
the hope we affirm, for
God can be trusted to
keep his promise.

(Hebrews 10:23 NLT)



PRAYER FOCUS

Father, my prayer today is that my husband and I will not waver in faith and hope. We receive the strength to do away with any negative talk and reports that threaten to drain our faith and rob us of our hope.

I declare that we stand firm on God's word with the certainty of its manifestation. Because I am sure that God can be trusted, I declare that we receive our miracles in Jesus name.



DAY 20

Blessed is she who
believed, for there will
be a fulfillment of those
things which were told
her from the Lord.”

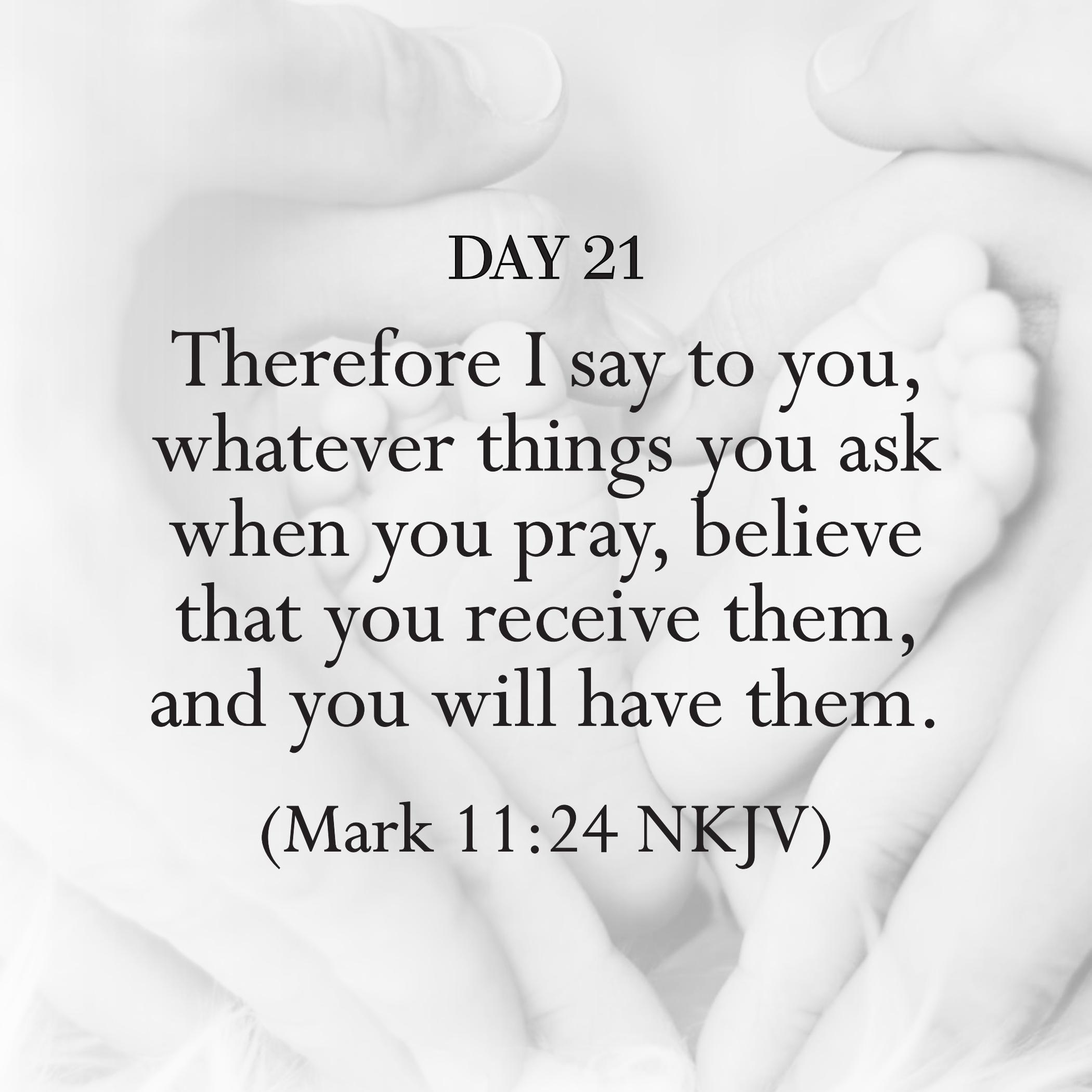
(Luke 1:45 NKJV)



PRAYER FOCUS

Today, I declare that because we have believed, this is for us a season of fulfillment.

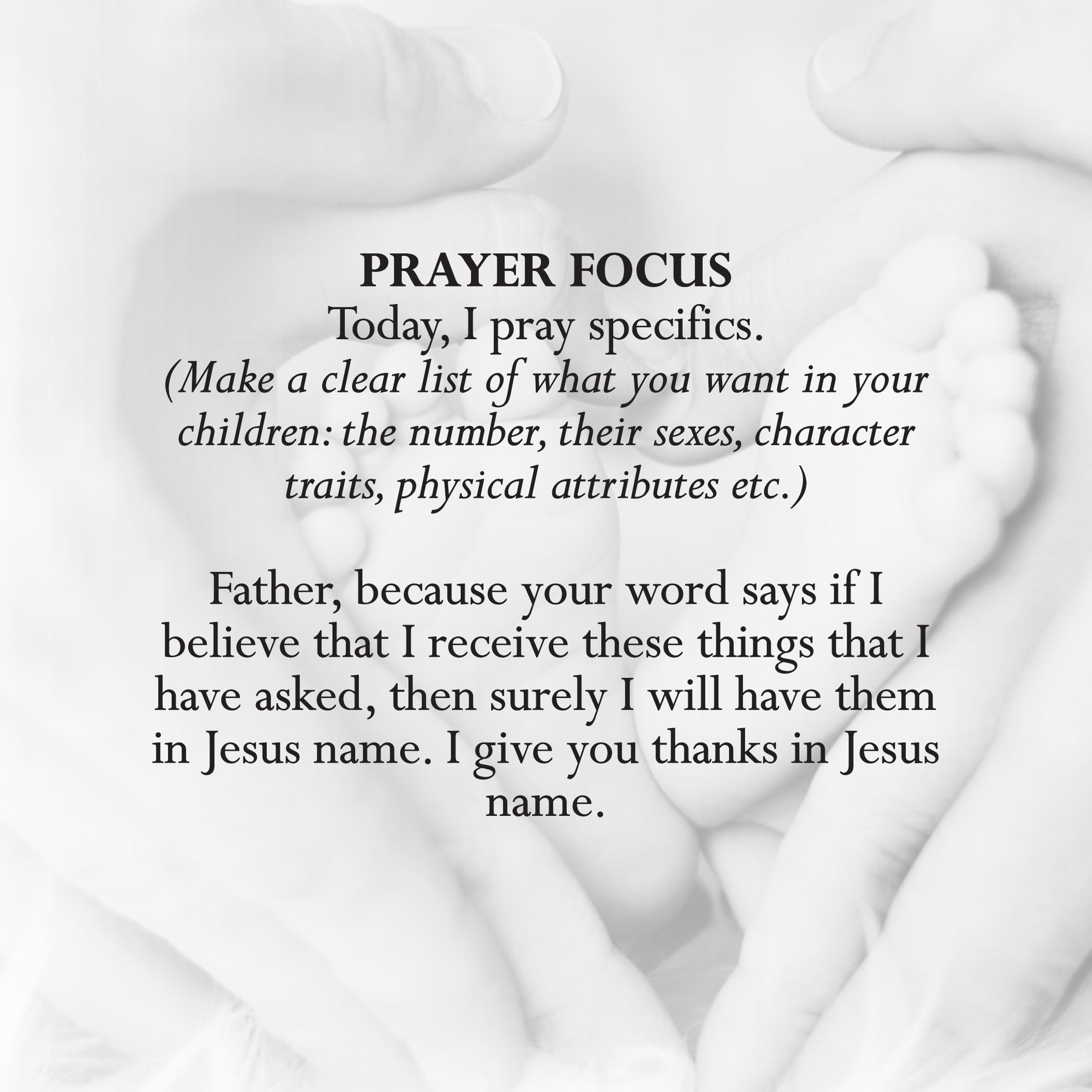
I declare that we will behold with our eyes and handle with our hands the fulfillment of God's promises to us in Jesus name.



DAY 21

Therefore I say to you,
whatever things you ask
when you pray, believe
that you receive them,
and you will have them.

(Mark 11:24 NKJV)



PRAYER FOCUS

Today, I pray specifics.

(Make a clear list of what you want in your children: the number, their sexes, character traits, physical attributes etc.)

Father, because your word says if I believe that I receive these things that I have asked, then surely I will have them in Jesus name. I give you thanks in Jesus name.

Prayer of Salvation

This book was written with the believer in mind. There is no guarantee that if adhered to strictly as an unbeliever, it will bring the desired results. For the principles in this book to work, you must surrender your life to Christ. If you are willing to do this, say this prayer from your heart:

Dear heavenly Father, I come to you as I am. Your word says "...him that cometh to me I will in no wise cast out." (John 6:37) So I know you will take me in. I believe in my heart that Jesus Christ is the son of God and He died for me and arose on the third day for my justification (Romans 10: 9-10). I confess Him today as my Lord and Saviour.

Thank you Lord for I know that I have now become the righteousness of God in Christ Jesus (2nd Corinthians 5:21). Thank you that I am now born again and fit for Heaven. I receive the power to serve you all the days of my life.

Do you need counseling, prayer
or you want to find out when
Hannah's Heart will be at a city
near you?

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